

IN THE SPECIFICATION

Please replace original paragraph [0004] with the following amended paragraph [0004]:

[0004] Accordingly, it is desirable to provide a composite structural material that is extremely strong and lightweight. In addition, it is desirable to reduce the manufacturing cost of the composite structural material. It would be of further benefit if the composite structural material included a solid section for structural attachment. Furthermore, other desirable features and characteristics of the present invention will become apparent from the subsequent detailed description and the appended claims, taken in conjunction with the accompanying drawings and the foregoing technical field and background.